



OFFICIAL APPAREL SIZE GUIDE

Complete sizing reference for Kids & Adults

1. Tracksuit Tops

Kids Tracksuit Top

Measurement	3–4	5–6	7–8	9–10	11–12	13
Height (cm)	98–104	110–116	122–128	134–140	146–152	164
Chest (in)	22–24	24–26	26–28	28–30	30–32	32–34
Chest (cm)	54–60	60–66	66–71	71–76	76–81	81

Adults Tracksuit Top

Measurement	XS	S	M	L	XL
Chest (in)	34–36	36–38	38–40	42	44–46
Chest (cm)	86–91	91–96	96–101	107	112–117

2. Tracksuit Bottoms

Kids Tracksuit Bottoms

Measurement	3–4	5–6	7–8	9–10	11–12	13
Height (cm)	98–104	110–116	122–128	134–140	146–152	164
Waist (in)	21	22	23	24.5	26	27.5
Waist (cm)	54	56	58	62	66	70

Adults Tracksuit Bottoms

Measurement	XS	S	M	L	XL
Waist (in)	30	32	34	36	38
Waist (cm)	76	81	86	91	96

3. T-Shirts

Kids T-Shirt

Measurement	3–4	5–6	7–8	9–10	11–13
Chest (in)	24–26	26–28	28–30	30–32	32–34

Adults T-Shirt

Measurement	XS	S	M	L	XL
Chest (in)	36–38	38–40	40–42	42–44	44–46

4. Bodywarmer / Gilets (Black)

Kids Gilet

Measurement	3–4	5–6	7–8	9–10	11–12	32"
Chest (cm)	73	78	83	88	93	98
Back Length (cm)	43	45.5	48	52	56	60

Adults Gilet

Measurement	S	M	L	XL
Chest (cm)	101	109	117	125
Back Length (cm)	66	66	68.5	68.5

□ Useful Sizing Tips for Parents

- **Between Sizes?** If your child is between sizes or close to the top end of a height/chest range, we recommend sizing up to allow room for growth and comfortable wear.
- **Chest Measurement:** Measure horizontally around the fullest part of the chest, under the arms, keeping the tape measure level.
- **Waist Measurement:** Measure horizontally around the natural waistline (narrowest part of the torso).
- **Need Assistance?** If you are unsure about fit or specific measurements before placing an order, please reach out to us.